

Margaret Astrid Phanes

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www.margaretphanes.com

Curriculum Vitae

I am an innovative and perceptual trainer. I offer training in consciousness studies, meditation, yoga psychology and digital arts. I have pioneered distance learning in these areas. My strengths include: fine-tuned visual, written and presentation skills, marketing and design, relationship development and mentoring.

Courses and Workshops

<i>Stress Management: A Tool Kit for Everyday</i>	February 2011
<i>Advantages of Whole Brain Thinking</i>	March 2011
University of Hawaii Maui College	Kahului, HI
<i>Four Faces of Shakti</i>	October 2010
University of Hawaii Maui College	Kahului, HI
<i>Yoga Psychology, Certificate Programme, Adjunct Faculty</i>	June 2010 - July 2010
Sri Aurobindo Centre for Advanced Research	Online Learning
<i>Sri Aurobindo and His Essential Thought, Adjunct Faculty</i>	November 2008 - May 2010
SACAR Indira Gandhi National Open University	Online Learning
<i>The Essentials of Integral Psychology, Integral Philosophy</i>	August 2006 - February 2008
<i>Orientation Programme</i>	Online Learning
University of Tomorrow	
<i>Concentration Meditation</i>	October 2006 - present
University of Hawaii, Maui College	Kahului, HI
<i>Divine Poetry, Vision, and Meditation</i>	May 2005
Unity Church	Wailuku, HI
<i>Meditation; Focus in the Workplace</i>	May 2005
University of Hawaii Maui College	Kahului, HI
<i>Meditation, the Art of Transformation</i>	September 2004
University of Hawaii Maui College	Kahului, HI
<i>Inspiration and Soul Purpose</i>	May 2001
College of Botanical Healing Arts	Santa Cruz, CA
<i>Concentrated Meditation: The Energy That You Are</i>	2000
College of Botanical Healing Arts	Santa Cruz, CA
Previous to 2000	
<i>Meditation as Digital Art</i>	
East-West Books	Mountain View, CA
<i>Transpersonal Art Therapy</i>	
John F. Kennedy University	Orinda, CA
California Institute of Integral Studies	San Francisco, CA

Stress Management

Solano Community College
Napa Community College
University of California at Davis Extension
Mission College

Suisun, CA
Napa, CA
Davis, CA
Santa Clara, CA

SPECIFIC TRAINING

Produced meditation presentations for events and online; 2002 - present.
Study Program in Integral Yoga philosophy, psychology, and education; 1990 - 2000.
Meditation trainer: education, business and health venues; 1975 - present.
Comprehensive training in consciousness studies; 1973-1990.
Visual Meditations gallery: www.margaretphanes.com

SRI AUROBINDO CENTRE FOR ADVANCED RESEARCH, Pondicherry India 11/07 - 1/2010

Assistant Editor

Designed and coordinated the web version of "...Journal of Integral Studies."

UNIVERSITY OF HAWAII MAUI COLLEGE

Graphic Software Trainer 5/08 - 8/11
Lecturer, Information and Computer Science 8/02 - 5/08
Initiated and taught coursework in digital arts for print and web design for onsite and distance education for the University of Hawaii System.

UNIVERSITY OF CALIFORNIA EXTENSION, Santa Cruz, CA 95060 5/95-7/02

Software Trainer | Human Potential Trainer | Artist

A key trainer in the Graphics Program at UC Extension, Santa Cruz. Provided additional training to the publishing and photographic industries, notably the Monterey Bay Research Institute. Developed marketing collateral materials for clients. Established human potential workshops and classes for education, business, and health industries. Exhibited digital art in galleries and online exhibitions.

FAMILY SERVICE OF THE NORTH BAY, Vallejo, CA 94590 3/73-5/80

California Institute of Integral Studies, J.F. Kennedy University, UC Extension at Davis, Solano Community College, Napa Community College, Mission College
MFT | Trainer

Produced and promoted classes: radio, video, and print media. Provided training in transpersonal psychology, meditation, and art therapy; counseled individuals and families.

EDUCATION

University of California Extension, Santa Cruz, Digital Media
Schaeffer School of Design, Design
California Institute of Integral Studies, PhD Research, Future Studies
Humanistic Psychology Institute, PhD Research, Transpersonal Psychology
M.A. University of San Francisco, Psychology
B.A. Sonoma State University, Major; English, Minor: Art, History

LICENSES

MFT #7999

Community College Credential

Adult School Credential

BIBLIOGRAPHY

Phanes, Margaret "Soul Awakening." All Universal Meeting, June 2011

Phanes, Margaret. "Invoking Oneness." ...A Journal of Integral Studies Nov. 2008, Vol IX

Phanes, Margaret. "Spheres of Influence." ...A Journal of Integral Studies Nov. 2007, Vol VIII

Phanes, Margaret. "Concentration Meditation." Maui Vision Oct.-Nov. 2006: 24

Phanes, Margaret. "Envision." Collaboration, Journal of the Integral Yoga... 2005: 23

Phanes, Margaret. "Being" Understood - The Path of Inspiration." Maui Vision April-May 2005: 26